

JONESPORT-BEALS HIGH SCHOOL

NOVEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cereal & Toast Chicken Nuggets Mashed Potato Veggies Fruit	4 Breakfast Sandwich Sub Bar Chips Yogurt Parfait	5 Cereal & Toast Bacon Cheeseburger Sliders Baked Potato Fruit	6 Danish Mac & Cheese Bowl w/ Pulled Pork Veggies Fruit	7 Donuts Tomato Soup Grilled Cheese Fruit
10 Cereal & Toast Personal Alfredo Pizza Veggie & Dip Fruit	11 NO SCHOOL	12 Cereal & Toast Turkey Lunch Pumpkin Pie	13 Breakfast Pizza Walking Tacos Rice Fruit	14 Cereal & Toast Uncrustable Veggies & Dip Crackers & Cheese Fruit Cup
17 Cereal & Toast Chicken Fajitas Rice Fruit	18 Bagel Dots Turkey BLT Croissant Yogurt w/Fruit	19 Cereal & Toast Spaghetti & Meat Sauce Garlic Knots Side Salad Fruit	20 Cinniabar Pizza Veggies & Dip Fruit	21 Cereal & Toast Breadsticks w/Meat Sauce Caesar Salad Fruit
24 Cereal & Toast Meatball Sub Veggies & Dip Fruit	25 Sausage Bites Corndog Beans Bruit	26 NO SCHOOL	27 HAPPY THANKSGIVING	28 NO SCHOOL

Milk will be offered every day for breakfast and lunch.

Every meal will have the state requirements for fruit & vegetables.

State of Maine and USDA is an equal opportunity provider & employer.

Menu subject to change without notice.